# **Services Offered**

### **Assessment Services**

- Risk Assessments
- Parental Fitness
- Psychosocial and Psychological Assessments
- Substance Abuse

# **Counseling Services**

- Parent Education
- Academic Success Strategies
- Substance Abuse Education
- Skills of Daily Living
- In-home Counseling
- Wrap Around Case Management

# **CONSULTATION AND TRAINING SERVICES**

- Classroom Management
- Behavior Modification
- Bridging the gap between Home and School Behaviors
- Conflict resolution
- Redirecting Undesirable Behaviors

# CALL FOR ADDITIONAL TRAININGS OFFERED

If you or someone you know is experiencing behavior or emotional deficiencies, impoverishment and need professional assistance, APEX Family Healthcare Services is the right choice for you.

# Apex Family Healthcare Services Mission Statement

Helping children, families and communities reach the APEX of their lives.

# WE HAVE DOCTORS ONSITE

YOUTH AND ADULT Counseling and Psychological Service

# AGENCY TOOLS AND RESOURCES

Visit Our Website: Apexfamilyhealthcare.com

> Job Search Find Housing Seek Medical Advise Health and Fitness Tips Apply For Medicaid and Affordable Care Act Free Educational Games Submit Agency Referrals Submit Self Referrals

# **CONTACT:**

Apex Family Healthcare Services 159 Burke Street, Ste. 201

301 Country Club Drive Stockbridge, Georgia 30281

O: (678) 782.7272 | F: (866) 936.6574

Website: Apexfamilyhealthcare.com Email: apexfamilyhealthcare.com



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## <u>Apex Programs</u>

#### CHILD, ADOLESCENT AND ADULT

Apex Family Healthcare Services is focused on consistently producing quality therapeutic resources within the greater Atlanta community. We have established a 24 hour on call service for clients in crises and for those who are unable to see us during normal office hours. Our services are available to individuals, families and small groups.

#### VETERAN CHILDREN AND FAMILY SUPPORT SERVICES

Assisting Veterans and their dependents with developing strategies and techniques in-home, in-school and in the community to address:

- Post Traumatic Stress Disorder
- Depression
- Separation Anxiety
- Substance Abuse
- Other Trauma



#### **FAMILY INTERVENTION**

Apex Provides comprehensive family counseling services for individuals of any age on a variety of mental health issues such conflict, low self-esteem, depression, anxiety, divorce, parent/child communication, health issues, substance abuse, and more. Apex professional staff consists of certified therapists who have a master's degree and a minimum of two years post graduate training and/or certification to provide specialty services. Our therapists help people recognize problems and identify possible solutions or alternatives to live happier, more productive lives to reach the Apex of our lives.

### Apex Programs

### **DEVELOPMENTAL DISABILITIES**

- Focuses on the entire family, not just the child with a developmental disability.
- Families are seen as unique and best able to define their own needs. Families direct the support they receive.
- Families have choices about who provides support to them.
- Families are given assistance, information and knowledge necessary to make choices and decisions for themselves.
- Families and their children with disabilities are encouraged to enjoy and participate in all aspects of community life.
- Changes as families needs and desires change.
- Intervention is provided before families experience extraordinary stress and feel in "crises".
- Children unique abilities, needs and preference are recognized and they are encouraged to learn, grow and develop relationships.
- Care and support from neighbors, extended families, friends and religious and community organizations are important. Family support services build on these existing sources of support.

Additionally, our services are available for self-referral online / Referral for Community Resources

### **APEX PROMISE**

### MEETING THE NEEDS WITH SERVICE

The services we provide benefit children, biological, foster and extended family members as well as those who have served our country faithfully. We accept the challenge that is faced by many as it relates to behavior and emotional issues. We pledge to assist parents, guardians and all stakeholders by implementing a suitable action plan to help each person or family reach their full potential. We promise to do what we say and honor our commitments, the FIRST time!

#### **DO YOU KNOW SOMEONE WHO IS:**

- Defiant
- Angry
- Depressed
- Diagnosed with ADHD, ADD or PTSD
- Struggling with Grief
- Struggling with Substance Abuse
- Struggling with Managing Behaviors
- Has Legal issues
- Has Parents/ Family Issues
- Self Doubt / Poor Self Esteem
- Anxiety / Panic Attack / Fears
- Exhibits sexual behaviors
- Requires medication management

### TALK TO US, WE CAN HELP!

### SERVING FAMILIES WITH INTEGRITY

CARF Accredited Since 2014 DATEP Licensed Since 2014